



MUHLENBERG
REGIONAL
MEDICAL CENTER

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Educational Stroke Screening at Muhlenberg a Success

August 31, 2006 (Plainfield, NJ) – Muhlenberg Regional Medical Center’s Stevens 2 recently organized an educational stroke screening in conjunction with the National Stroke Association. The screening occurred in the main lobby at Muhlenberg Regional Medical Center and lasted from 8:30 am to 3:00 pm.

Many nurses from Stevens 2 volunteered for the screening helping to make the day a success. Education on stroke risk factors, prevention strategies, nutrition counseling and blood pressure monitoring were provided for all who attended the screening. A total of 219 people were screened, of these, 118 were women and 101 were men. This annual educational stroke screening by Stevens 2 is successful as evidenced by the increasingly large numbers of people screened every year.

“About every three minutes someone dies of a stroke. Stroke is the number three cause of death behind heart disease and cancer,” says Dawn Zimmerman, MSN, RN, BC, Stevens 2, Muhlenberg Regional Medical Center.

As Muhlenberg Regional Medical Center applies for JCAHO Primary Stroke Center Certification, the educational stroke screening not only increases awareness of stroke prevention, but also educates people about the types of programs Muhlenberg offers.

“Stroke education and counseling offered to as many people in the community is of great importance, helping to reduce stroke morbidity and mortality,” adds Zimmerman.

Muhlenberg Regional Medical Center is a 396-bed, university-affiliated, teaching medical center that provides quality health services to Union, Somerset and Middlesex counties. As a member of the Solaris Health System, the medical center offers specialty care that includes an adult care program, an anorectal physiology lab, a regional dialysis unit, a home care and hospice program, a cardiac care unit, an osteoporosis center, a steps recovery center and a subacute care unit. Comprehensive emergency services are provided around the clock.

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